

Tuff Stuff Muscle 4 Exercise Manual

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Sep 08, 2010 simple and effective circuit training workout on the Tuff Stuff Six Pack Gym. You can run through it 3-4 times if on the Tuff Stuff Six Pack Gym.

Read muscle 4

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Diagram - tuff stuff - muscle 3 - main unit |

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May 23, 2012 Hut Allred of New Wave Fitness and Craig Lewin of Busy Body, both located in the Dallas Fort Worth Metroplex in Texas,

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Tuff stuff muscle iii manual

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